

Roadmap to Applying for Intellectual and Developmental Disability (I/DD) Services

For Youth with I/DD, such as Down Syndrome, Autism, or Cerebral Palsy

YOUTH AGE 17 AND YOUNGER

Call PerformCare at 1-877-652-7624 to:

- Register to get a CYBER ID. Use this ID to apply for I/DD services and to identify your youth whenever you contact PerformCare.
- Ask questions about the application process.



After approval, access many I/DD services, including:

- Family Support Services for assistive technology, educational advocacy, respite, and more.
- Children's System of Care (CSOC) Summer Camp.

To learn more, scan the QR code.

Youth would receive I/DD services until the day before their 21st birthday.



Gather materials to apply:

- Proof of New Jersey residency for parent or guardian
- Proof that the parent, guardian, or youth is a U.S. citizen or permanent resident
- Proof of youth age
- Any I/DD diagnostic reports from qualified health care providers

To learn more, scan the QR code.



Apply for I/DD services by either:

- Completing the application online on the Family Portal. This is the fastest option. Scan the QR code to get started.
- Mailing a completed paper application. You can print the application from the PerformCare New Jersey website or call us to send a paper copy to you.



INDIVIDUALS AGE 18 AND OLDER

- If individuals 18 and older have not previously applied for I/DD services through PerformCare, they must apply to the New Jersey Division of Developmental Disabilities (DDD) for I/DD and DDD services.
- Young adults 18 and older must work with DDD to have adult services in place for when they turn 21 years old.

Scan the QR code to apply on the DDD website.