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Instructional Guide to the Level of Care Index – 2R for Substance Use Providers



#### Instructional Guide to the Level of Care Index – 2R for Substance Use Providers

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#### I. Introduction

In order to understand the Leve of Care Index (LOCI-2R), there must be an understanding of the American Society of Addiction Medicine Placement Criteria (ASAM PPC-2R). The ASAM PPC-2R is the criteria that is the most widely used, and accepted inclusive set of guidelines for placement, continued stay and discharge for individuals with addictive disorders, and is required in over 30 states. The ASAM PPC-2R criteria represent an organized method for the array of services and service settings required to meet the needs identified in a multidimensional assessment. It has both adult and adolescent sections and it applies to both the private and public sector; we will currently only be utilizing the adolescent section. The ASAM PPC-2R levels of care reflect a spectrum of treatment options representing differences in settings, types and ranges of services and intensity of service delivery. The goal of treatment is to provide the services needed by each individual, at the appropriate level of intensity, within the appropriate setting.

#### ASAM levels are:

**Level 0.5:** Early Intervention / Prevention: Early intervention programs service individuals with problems related to substance use where no similar disorder can be diagnosed, and/or with problems or risk factors that could develop into a substance use related diagnosis. This level of care can be delivered in a variety of settings. It explores issues and risk factors that appear to be related to substance use. Level 0.5 helps the individual recognize the harmful effects of their inappropriate or continued substance use.

**Level I: Outpatient Treatment:** A structured non-residential treatment service or an office practice with designated substance use professionals and clinicians providing professionally directed substance use disorder treatment. Treatment occurs in regularly scheduled sessions. Treatment can include weekly or twice weekly individual therapy, weekly group therapy or a combination of the two, along with participation in self-help groups. The time frame associated with Level I treatment is 9 hours or less per week for adults and 6 hours or less per week for adolescents.

Level II: Intensive Outpatient Treatment: (broken down to sublevels 2.1(IOP) and 2.5(PHP) A planned service in which substance use professionals and clinicians provide several treatment service components to individuals. Examples can include day or evening programs in which individuals attend a full spectrum of treatment programming but live at home, or special residences. The time frame associated with Level 2.1 treatment is 9 or more hours per week of structured treatment for adults and 6 or more hours per week for adolescents. The time frame for Level 2.5 treatment is 20 or more hours of service per week for both adults as well as adolescents.

**Level III: Medically Monitored Intensive Inpatient Treatment: ( sublevels 3.1, 3.5, 3.7)** An organized service conducted by substance use professionals and clinicians who provide a planned regimen of around the clock professionally directed evaluation, care and treatment in an inpatient setting. Within level III there are intensity levels ranging from low-intensity to medically monitored inpatient treatment. All sublevels in Level III are 24 hour care.

**Level IV: Medically Managed Intensive Inpatient Treatment:** An structured service conducted by substance use professionals and clinicians who provide a planned regimen of 24 hour medically directed evaluation, care and treatment in an acute care inpatient setting. Individuals at this level generally have severe withdrawal or medical, emotional or behavioral problems that require primary medical and nursing services. This level is also 24 hour care.

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#### **II. Accessing CYBER**

Users must first log into CYBER with their Username and Password. CYBER can be accessed via the PerformCare website – www.performcarenj.org. The link is available at the top and bottom of the main page.



Each provider organization has at least one CYBER Security Administrator, and your agency's CYBER Security Administrator can set up a login for you.

Your access will be based on your login type and security levels.

#### Before you log in, keep in mind...

- There is no 'back button' use in CYBER!
- Most areas/buttons are single-click do not double-click on a button!
- Every time you launch CYBER, you will be required to enter your Username and Password and click the LOGIN button to continue.

Below the log in area is a statement that, as a CYBER user, you acknowledge your responsibility to protect the privacy of, and to guard against, the inappropriate use of the Protected Health Information (PHI) contained within the system.

This statement will appear each time you log in.

## CYBER LOGIN

As a CYBER User I understand that my work will involve access to Protected Health Information (PHI) as defined by HIPAA (The Health Insurance Portability and Accountability Act) for the purpose of providing or arranging treatment, payment or other health care operations. I also acknowledge that I am engaged by a covered entity. I further acknowledge my responsibility to protect the privacy of and to guard against inappropriate use or disclosure of this PHI by logging in as a CYBER User.

This is in compliance with The Health Insurance Portability and Accountability Act (HIPAA) of 1996 and its implementation regulations. For more information on HIPAA please go to http://www.hhs.gov/ocr/hipaa/

CYBER contains substance abuse diagnosis and treatment information that is protected by federal confidentiality rules (42 CFR Part 2). CYBER users are not permitted access to that information without a valid written consent that meets the requirements of 42 CFR Part 2. Users that access such confidential information pursuant to a valid written consent are prohibited from making any further disclosure of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR Part 2. A general authorization for the release of medical or other information is NOT sufficient for this purpose. The Federal rules restrict any use of the information to criminally investigate or prosecute any alcohol or drug abuse patient.

Please CLEAR your browser Cache before using this new version of CYBER

Username	
Password	
Password	
LOGIN	

Please also check the **Providers** section on the PerformCare website for the most up-to-date technical requirements (such as browser compatibility and operating systems) that a user would need to access CYBER.



#### III. Information about the Level of Care Index - 2R (LOCI)

The LOCI-2R is a comprehensive means for guiding assessments and documenting treatment placement and planning information for the six assessment dimensions of the ASAM PPC-2R (see <u>Introduction</u>). The LOCI-2R takes the 6 dimensions and separates the levels of care under each dimension, allowing the clinician to place the individual in the most appropriate level per clinical information and clinical skill and impression.

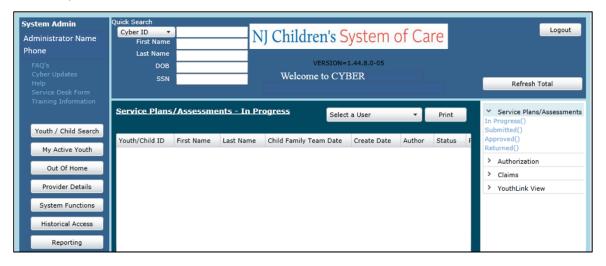
The LOCI-2R is designed for use in the initial assessment, subsequent continued service reassessments, and transfer or discharge assessments. LOCI-2R is designed to provide documentation of why specific decisions are made. All levels of care defined by the ASAM PPC-2R are covered in the LOCI-2R. It provides comprehensive documentation for clinical decisions to support reimbursement, and can clarify communication between clinicians and utilization review.

Note: It is imperative that decisions regarding levels of care be made by qualified substance use disorder treatment professionals. The levels of care established by the ASAM PPC-2R dictate that decisions should be made based on professional providers of substance use disorder treatment services and not based upon the short term cost of treatment.

#### IV. Accessing the Level of Care Index - 2R (LOCI)

The LOCI-2R can be utilized to make a determination of the appropriate level of care for Substance Use treatment for youth. Users must first locate the correct record for the youth. Users can utilize any of the following options to locate and go to a youth's record:

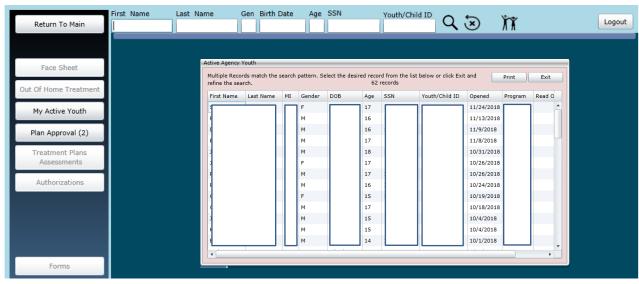
- On the Welcome Page, enter partial information on the Quick Search function
- On the Welcome Page accordion grids, click a Youth/Child ID hyperlink
- In YouthLink, click the 'Face Sheet' button on the Provider Queue and Census tabs
- Click the 'My Active Youth' button on the left-side button bar



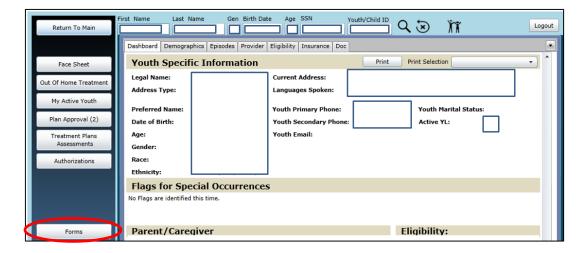
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• Click the Youth/Child Search button from the Welcome Page, and then click the Active Agency Youth button or the search function above the record screen.





Once the youth is identified, double click the row and view the Face Sheet.



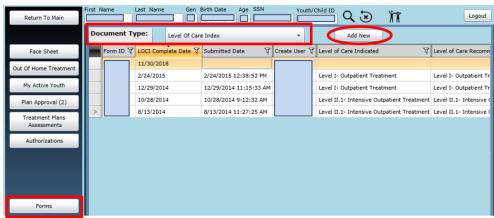
Next, the user can select the "Forms" button at the bottom left to open the Document Type window which appears as "Level of Care Index". The information displayed in this grid is sorted by Submitted Date, from the most recent submitted forms at the top of the grid to the oldest submitted forms displayed at the bottom of the grid.

Any unsubimitted LOCI forms display at the top of the grid above any submitted forms sorted in order by Created Date, with the most recently created LOCI forms displaying at the top.

Clicking the "Add New" button opens the LOCI-2R form below.

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Note: When completing the LOCI-2R in support of an SAB Treatment plan the LOCI must be completed no more than 30 days prior to the treatment plan submission, it must support the services being requested and it must be associated with the treatment plan being submitted.



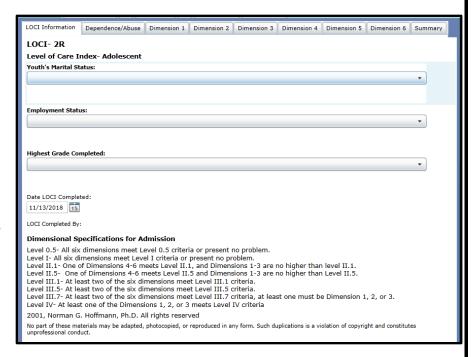
#### V. Completing the LOCI-2R

The LOCI-2R is separated into 9 Tabs. Each tab must be completed in order to submit the form. The first tab that opens, by default, is the LOCI information tab. This tab includes information about the youth's employment and educational status, as well as the specification for admission into each level of care.



#### **Tab 1 - LOCI Information**

- Youth's Marital Status user can select one of the following: Never Married, Married, Widowed, Separated or Divorced
- Employment Status user can select one of the following: Full time, Part time, Student, Homemaker, Retired, Disabled, Unemployed or Not working by choice
- <u>Highest Grade Completed</u> user can select one value from a range of 1 – 16
- <u>Date LOCI Completed</u> this field defaults to the current date, but may be back dated
- LOCI Completed by the ID of the individual who completes the form will appear after submission
- Dimensional Specifications for Admission
  - Informational break-down of each level of
     care and the dimensional criteria that need to be met in order to qualify for that level of care.



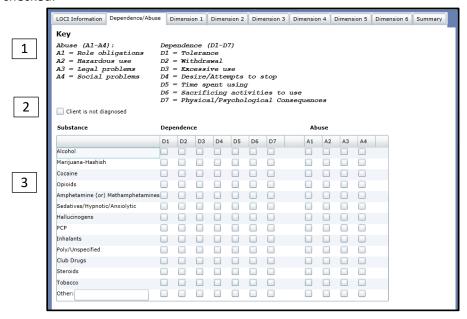
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#### Tab 2 - Dependence/Abuse Tab

Used to document if the youth is dependent upon or abusing certain substances:

- 1. <u>Key</u> breakdown of diagnostic options, including the four categories of Abuse (A1-A4) and the seven categories of Dependence (D1-D7).
- 2. <u>Client is not diagnosed check-box</u> this is to be utilized if youth has no documented Substance Use Disorder diagnosis.
- 3. <u>Diagnostic Indication Grid</u> each diagnosable category of substances in rows. There are columns D1-D7 for Dependence and A1-A4 for abuse (use Key above). Based upon youth's diagnosis, each of the correlating boxes should be checked.



Dependence/Abuse tab

#### **Tab 3 - Dimension 1: Acute Intoxication/Withdrawal**

Current intoxication should be evaluated as well as withdrawal potential to determine the need for ambulatory, social, or medical detoxification. Or is there any need for, or no indication of need for detoxification?

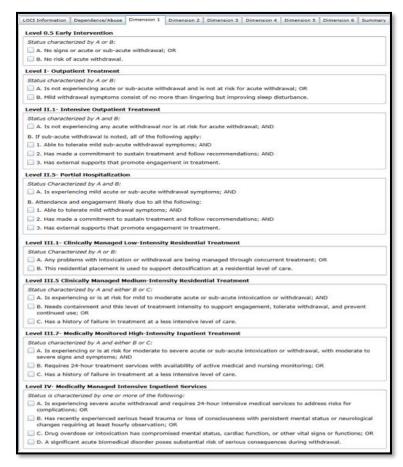
- Option A or B Initial check box option of "A. There is no recent use." or "B. No indication of acute intoxication or withdrawal problems."
  - o If one of the options is accurate select the corresponding check box and move on to Dimension 2.
  - o If <u>neither</u> of the options are accurate follow the below instructions to complete Dimension 1.



Acute Toxification/Withdrawal

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Each level of care (see below) from the "Dimensional Specifications for Admission" of the LOCI-2R Information tab is listed. Each level has several options with descriptions. Users can choose the option that indicates the highest level of need that the youth is currently displaying. For example, if the youth's needs indicate that the highest level is Level III.7 option B., then that would be the only option chosen.



Dimension 1: Acute Intoxication/Withdrawal

- <u>Score Summary</u> This auto-populates based upon the Level of Care options chosen above.
- Recommended Level of Care This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.

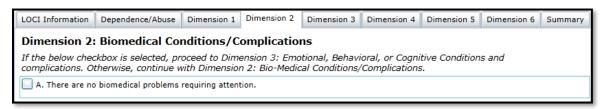




#### Tab 4 - Dimension 2: Biomedical Conditions/Complications

Are there any bio- medical conditions that are stable, require attention, or need any type of monitoring or management? Are biomedical conditions already being managed or is there a need for more medically managed or inpatient care?

- Option A Initial check box option of "A. There are no biomedical problems requiring attention."
  - If this option is accurate select the corresponding check box and move on to Dimension 3.
  - If this option is not accurate follow the below instructions to complete Dimension 2.



Each level of care from the "Dimensional Specifications for Admission" of the LOCI Information tab is listed. Each level has several options with descriptions. User should choose the option that indicates the highest level of need that the youth is currently displaying. For example, if the youth's needs indicate that the highest level is Level III.7 option B., then that would be the only option chosen.

- <u>Score Summary</u> This auto-populates based upon the Level of Care options chosen above.
- <u>Recommended Level of Care</u> This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.

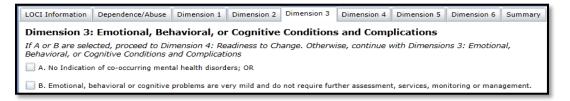




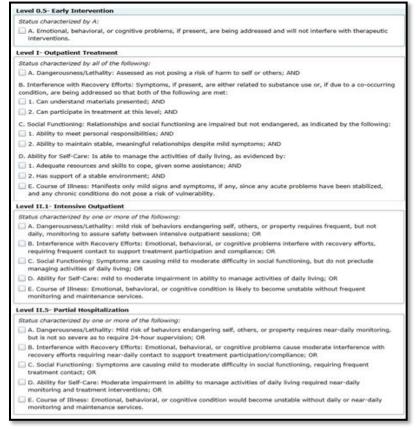
#### Tab 5 - Dimension 3: Emotional, Behavioral, or Cognitive Conditions and Complications

Are there no indications of co-occurring mental health conditions or if problems are present, are they mild, not requiring further services? Are there any major emotional or behavioral problems that are already being appropriately managed, or do they pose challenge to the effective delivery of care?

- Option A or B Initial check box option of "A. No indication of co-occurring mental health disorders." or "B.
   Emotional, behavioral or cognitive problems are very mild and do not require further assessment, services, monitoring or management."
  - If one of the options is accurate select the corresponding check box and move on to Dimension 4.
  - o If neither of the options are accurate follow the below instructions to complete Dimension 3.



Each level of care from the "Dimensional Specifications for Admission" of the LOCI-2R Information tab is listed. Each level has several options with descriptions. Please choose the option that indicates the highest level of need that the youth is currently displaying. For example, if the youth's needs indicate that the highest level is Level III.7 option B. then that would be the only option chosen.



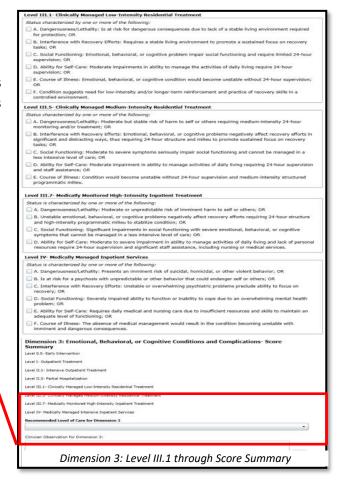
Dimension 3: Emotional. Behavioral, or Cognitive Conditions and Complications Level 0.5 to Level II.5



- <u>Score Summary</u> This auto-populates based upon the Level of Care options chosen above.
- <u>Recommended Level of Care</u> This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.

#### Dim 3: Recommended Level of Care drop down

No Level of Care is Indicated
Level 0.5- Early Intervention
Level I- Outpatient Treatment
Level II.1- Intensive Outpatient Treatment
Level III.5- Partial Hospitalization
Level III.5- Clinically Managed Low-Intensity Residential Treatment
Level III.5- Clinically Managed Medium-Intensity Residential Treatment
Level III.7- Medically Managed High-Intensity Inpatient Treatment
Level IV- Medically Managed Intensive Inpatient
Level OMT- OPIOID Maintenance Therapy (OP/IOP)
Level I-D- Ambulatory Detox
Level II-D Ambulatory Detox with Extended On-Site Monitoring
Level III.2-D- Clinically Managed Residential Detox
Level III.7-D- Medically Monitored Inpatient Detox
Level IV-D- Medically Managed Intensive Inpatient Detox



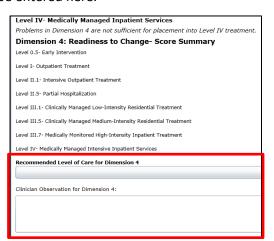


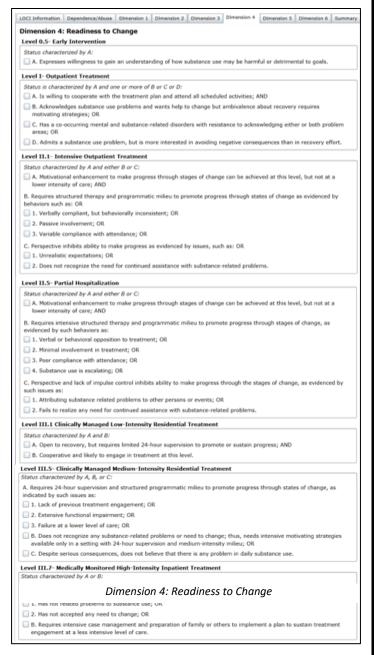
#### **Tab 6 - Dimension 4: Readiness to Change**

What is the extent to which the individual is internally and/or externally motivated to go into treatment and change their substance use, as well as issues that might make it difficult(regardless of motivation) for the individual to do so? Outpatient treatment assumes the individual is sufficiently motivated and able to manage their participation and attendance, though they might need encouragement and support. IOP programs assume that more support and structure is needed in order for the participant to successfully participate. Inpatient treatment is indicated if there is increasing resistance or poor impulse control.

Each level of care from the "Dimensional Specifications for Admission" from the LOCI-2R Information tab is listed. Each level has several options with descriptions. Please choose the option that indicates the highest level of need that the youth is currently displaying. For example if the youth's needs indicate that the highest level is Level III.7 option B. then that would be the only option chosen.

- <u>Score Summary</u> This auto-populates based upon the Level of Care options chosen above.
- <u>Recommended Level of Care</u> This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.





Dimension 4: Readiness to Change- Score Summary

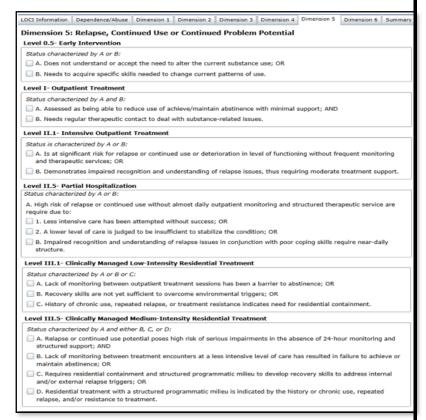


#### Tab 7 - Dimension 5: Relapse, Continued Use or Continued Problem Potential

Who may need more intensive levels of care due to their risk of relapse? Is the probability of relapse minimal? Is close monitoring needed? Or is there imminent danger for the individual that is high risk for relapse?

Each level of care from the "Dimensional Specifications for Admission" from the LOCI-2R Information tab is listed. Each level has several options with descriptions. Please choose the option that indicates the highest level of need that the youth is currently displaying. For example if the youth's needs indicate that the highest level is Level III.7 option B. then that would be the only option chosen.

- <u>Score Summary</u> This auto-populates based upon the Level of Care options chosen above.
- Recommended Level of Care This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.



D. Residential treatment with a structured programmatic milieu is indicated by the history or chronic use, repeated relapse, and/or resistance to treatment.	
Level III.7- Medically Monitored High-Intensity Inpatient Treatment	
Status characterized by A, B, or C:	
🔲 A. Inability to interrupt a high frequency/severity pattern of use with imminent risk of dangerous consequences; OR	
B. Therapies involving medications such as antagonist, agonist, or aversion medications require this level of care; OR	
C. This level of monitoring, case management, and documentation is required prior to arranging a less intensive level care or other treatment resources.	of
Level IV- Medically Managed Inpatient Treatment	
Problems on Dimension 5 are not sufficient for placement into Level IV treatment.	
Dimension 5: Relapse, Continued User, or Continued Problem Potential- Score Summary	
Level 0.5- Early Intervention	
Level I- Outpatient Treatment	
Level II.1- Intensive Outpatient Treatment	
Level II.5- Partial Hospitalization	
Level III.1- Clinically Managed Low-Intensity Residential Treatment	
Level III.5- Clinically Managed Medium-Intensity Residential Treatment	
Level III.7- Medically Monitored High-Intensity Inpatient Treatment	
Level IV- Medically Managed Intensive Inpatient Services	
Recommended Level of Care for Dimension 5	

Clinician Observation for Dimension 5:

Save & Close

Dimension 5: Relapse, Continued Use or Continued Problem Potential

Submit

Cancel

ABC



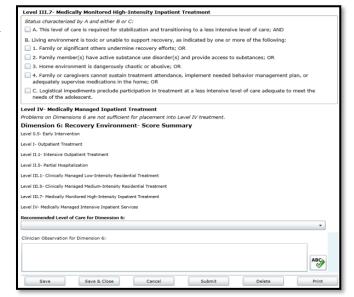
#### Tab 8 - Dimension 6: Recovery Environment

What is the extent of support that the individual will get attending outpatient treatment? Is a more structured or controlled environment required? What is the risk from the individuals living environment, examples: work, and school, social; are these hostile recovery environments? The less support the environment presents often requires more treatment and re (habilitation) into a new environment and lifestyle, over a longer period of time.

Each level of care from the "Dimensional Specifications for Admission" from the LOCI-2R Information tab is listed. Each level has several options with descriptions. Please choose the option that indicates the highest level of need that the youth is currently displaying. For example if the youth's needs indicate that the highest level is Level III.7 option B. then that would be the only option chosen.



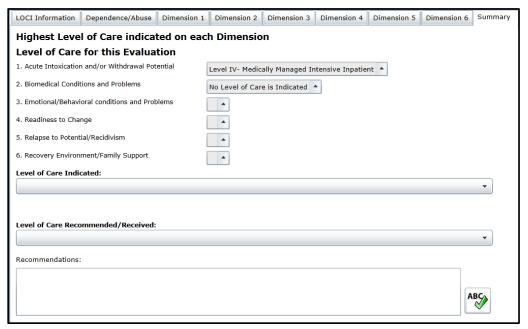
- Score Summary This auto-populates based upon the Level of Care options chosen above.
- <u>Recommended Level of Care</u> This drop-down lists all levels of care. Users can choose the appropriate level of care. This field is required in order to submit the form.
- <u>Clinician Observation</u> User (Assessor) must provide a comment in this section or they will not be able to submit the LOCI. If there are no comments to report "N/A" can be entered here.



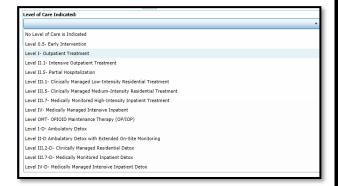


#### **Tab 9 - Summary**

- Highest Level of Care indicated on each Dimension Level of Care for this Evaluation
  - Dimensions 1-6 are listed. All dimensions auto-populate based on the response to the drop down selection "Recommended Level of Care Recommended/Received" in the correlated tab previously completed.



- Level of Care Indicated This required field lists all Level of Care Indicated. The level of care chosen will be based upon noting the level of care indicated in the "Highest Level of Care indicated on each Dimension Level of Care for this Evaluation" above for each dimension and checking these responses against the "Dimensional Specifications for Admission" listed in the LOCI-2R Information tab. This will indicate the highest level of care that the youth is currently in need of and that level of care will be chosen from the dropdown list. The user must select one of the options listed in order to submit the form.
- Level of Care Recommended/Received This required field lists all level of care recommended or received. This will represent the actual level of care the youth has been given based upon clinical determination and availability. The user must select one of the options listed in order to submit the form.





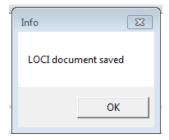


#### VI. LOCI Action Buttons

Save Save & Close Cancel Submit Delete Prin							
	Save	Sa	ve & Close	Cancel	Submit	Delete	Print

The user is able to save, submit, and delete LOCI forms which have not yet been submitted. The push buttons at the bottom of the form are described as follows:

<u>Save button</u> - When the user selects the Save button the LOCI form is saved to the youth's record. If the LOCI form was not previously saved, it will be added as a new LOCI form record in the youth's record.



<u>Save & Close button</u> – Saves and closes the LOCI form returning the user to the Treatment Plans / Assessments grid.

<u>Submit button</u> – When the user selects this button, all required fields in the form are validated. If the user has not completed all of the required fields, the user will receive a **LOCI Validation Failed** message advising them of the fields that need to be completed. The user will also receive a prompt asking them if they are sure they would like to submit the LOCI form. If the user has completed all of the required fields and the user selects "OK", the LOCI form is submitted and the user is no longer able to make any changes to or delete the submitted form.



When the LOCI form is submitted the "LOCI Completed By:" field in the LOCI information tab is populated by the user ID of the user who submitted the LOCI form.

<u>Delete button</u> – When the user selects this button, the LOCI form is deleted and is no longer accessible; the form is no longer listed in the forms grid in the youth's record.

<u>Print button</u> – When the user selects this button the system opens a print view of the LOCI form giving the user the option to print.

Cancel button - When the user selects this button, the LOCI form is closed and no changes made by the user are saved.



#### VII. References

Link to the Substance Use trainings: <a href="http://www.performcarenj.org/provider/training.aspx#su">http://www.performcarenj.org/provider/training.aspx#su</a>

Additional trainings may be found on the PerformCare Website Training page: <a href="http://www.performcarenj.org/provider/training.aspx">http://www.performcarenj.org/provider/training.aspx</a>

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Phone: 1-877-652-7624

Customer Service Request Form: <a href="https://www.performcarenj.org/ServiceDesk">www.performcarenj.org/ServiceDesk</a>