NJ Children's System of Care

Contracted System Administrator — PerformCare®

The Connection Between Mental Health and Substance Use

The use of opioids, alone or with alcohol or other prescription or illicit drugs, can cause sleepiness, confusion, and slow or stopped breathing, leading to overdose and even death.

From 1999 to 2013, the rate of death from opioid pain reliever overdose nearly quadrupled.



1999 2000 2001 2002 2003 2004 2005 2006 2007 2008 2009 2010 2011 2012 2013



In 2010, according to the National Institute on Drug Abuse, about 1.1 million people abused stimulants that are used to treat attention deficit hyperactivity disorder and narcolepsy.



Perform CARE®

1-877-652-7624 (TTY 1-866-896-6975) www.performcarenj.org